



METC
Institute
Excellence in Medical Education



VAAFT & EPSiT Techniques Course

2017

+ VAAFT & EPSiT Surgical Workshop

The VAAFT & EPSiT Techniques Course is a specialist surgical course designed for Colorectal Surgeons, General Surgeons, Surgical Registrars, and Coloproctological Physicians.

The course provides detailed specialised knowledge of the practice of **Video Assisted Anal Fistula Treatment (VAAFT)** and **Endoscopic Pilonidal Sinus Treatment (EPSiT)** techniques along with an opportunity to observe the treatments performed on live patient cases under the guidance of expert Colorectal Surgeons.

Find out more by visiting www.metcinstitute.com/vaaf

Course Location and Date

Brisbane - 20th October 2017

8:30am - 5:00pm Lectures and Demonstration of Techniques

[Queen Elizabeth II Jubilee Hospital](#)

Corner of Kessels Road and Troughton Road,
Coopers Plains QLD 4108

7.00pm - 9.30pm Dinner and Lectures

[The New Inchcolm Hotel](#)

73 Wickham Terrace, Spring Hill QLD 4000

Details of the Course

Course workload: 14 hours

Delivery: Attendance

Suitability/Eligibility: Colorectal Surgeons, General Surgeons, Surgical Registrars, Coloproctological Physicians

Aims of the Course

The aim of the the VAAFT and EPSiT Course is to provide attendees with knowledge and technical experience of the novel Video Assisted Anal Fistula Treatment (VAAFT) and Endoscopic Pilonidal Sinus Treatment (EPSiT) techniques.

Course Content

The full day and evening course will include:

- Full-day Workshop at Queen Elizabeth II Jubilee Hospital
- Follow-on Evening Review Dinner and Interactive Tutorials

The VAAFT technique is a novel, minimally invasive and sphincter-sparing technique performed for the surgical treatment of

complex anal fistulas and their recurrences. VAAFT is performed under direct endoluminal vision and allows identification of the internal opening, secondary tracts and abscess cavities followed by endoluminal management of the fistula tract, and finally closure of the internal opening.

Endoscopic Pilonidal Sinus Treatment (EPSiT) is a novel, endoscopic, minimally invasive procedure that is a safe and effective technique for the management of Pilonidal Sinus Disease. It offers an effective means of treating this disease with quick patient recovery and a good Quality of Life outcome.

Domestic Faculty

The domestic faculty of colorectal, general surgeons and associated specialists includes:

- Dr Chris Gillespie, FRACS
- Dr Joshua Grundy, FRACS
- Dr Kenneth Loon, FRACS
- Dr Sanjeev Naidu, FRACS
- Dr Andrea Warwick, FRACS
- Dr Matthew Bastian-Jordan, FRANZCR
- Dr Jakub Begun, FRACP

Course Organised by



Queen Elizabeth II Jubilee Hospital



Queensland Government



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Preliminary Programme

Friday 20th October 2017

8.30am – 9.00am:

Course Registration & Arrival Coffee & Tea

9.00am – 9.15am:

Welcome & Introduction

9.15am – 9.45am:

Perianal Crohn's Disease & Integrated Care

9.45am – 10.15am:

Interpretation of MRI Fistula Imaging

10.15am – 10.45am:

Role of Anorectal Physiology & Endoanal Ultrasound

10.45am – 11.00am:

Morning Tea

11.00am – 11.30am:

KEYNOTE LECTURE I: VAAFT Procedure & Outcomes

11.30am – 12.00pm:

KEYNOTE LECTURE II: EPSiT – Technique & Outcomes

12.00pm – 1.00pm:

Lunch / Learn the Equipment

1.00pm – 5.00pm:

Live Operating Theatre Demonstrations from the world-class QEII Olympus blue glassed procedure room (pictured below) (video streaming & live observation)

WORKSHOP DINNER

7.00pm – 7.20pm:

Welcome Drinks & Introduction

7.20pm – 7.40pm:

Entrée Service

7.40pm – 8.00pm:

Presentation of Local Results: VAAFT & EPSiT

8.00pm – 8.30pm:

Main Service

8.30pm – 8.50pm:

Management of Complications of Fistula Surgery

8.50pm – 9.10pm:

Dessert Service

9.10pm – 9.30pm:

Management of Difficult Fistulas – Panel & Audience Discussion

End of Evening

